

Abigail Marie Smith



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Sacred Heart-Griffin High School
Springfield, Illinois
Honors Curriculum

Un-weighted GPA: 3.75/4.00
Weighted GPA: 4.25/4.00

Test	October 2019	Super Score
English	25	25
Math	25	25
Reading	25	25
Science	25	25
Composite	25	25

**Due to Covid-19, Abigail was unable to take the April and June ACT. She has rescheduled for October ACT.*

ACADEMIC ACHIEVEMENTS

High Honors: Freshmen – Present

Dual Credit: US History, earned an A-

AP Coursework: AP Chemistry & AP Biology

National Honor Society: 2020 Inductee

Spanish NHS: 2020 Inductee

Spanish Club: Active Member

Academic Team: Was asked to participate in Academic Team, formerly known as “WYSE” Team



Serving her school and community

Sacred Heart-Griffin HS:

74 hours
served to
SHG HS

Abigail served as a freshmen orientation guide her sophomore year and a leader her senior year. As a guide, she led freshmen to their classrooms, explained schedules, and assisted with lockers. In a different capacity, she served as a guidance assistant her junior year, performing many of the same responsibilities, but specifically for guidance counselors. She has also served all four years of her high school career at the bakery for SHG's largest fundraiser, the Mostaccioli Dinner. Abigail has participated in most holiday giving opportunities sponsored by various SHG clubs, such as holiday meal baskets, monetary collections and holiday gifts to the neighboring elementary school.

Ronald McDonald House:

23.5 hours
served to
RMH

Abigail was selected through a competitive process to serve on the Ronald McDonald House Teen Council her sophomore year and junior year. The teen council is comprised of local high school students to empower them to become active members of the community. They are responsible for raising awareness and advocating for the mission of the RMH. The teen council is solely responsible for the planning and execution of the Annual 5K Glow Run/Walk which raises money for the organization. Abigail's family has served as chefs to provide meals to RMH guests. The Ellis family was also featured in the RMH 2019 Spring Giving Campaign to raise awareness and increase giving.

Plans were underway for the 5K in 2020 but cancelled due to Covid-19.

A Walk to Remember:

15.5 hours
served to
AWTR

Abigail has spent four years serving at the annual A Walk to Remember recognizing pregnancy and infant loss. The first year, she did simple responsibilities such as handing out materials. Now, she is in charge of preparing, organizing, and running a busy distribution table independently at the event. She did a reading at the service in both her freshman and junior years, as well as participated in an interview for the local news station promoting the event.



Abigail has served over 205 hours!

(Service hours in parentheses)

- | | |
|---------------------------|--------------------------------------|
| St. John's Hospital (51) | Mini O'Beirne Crisis Nursery (2.5) |
| St. John's Breadline (15) | West Side Christian Church (2+) |
| Special Olympics (8) | Festival of Trees (4) |
| Mary Bryant Home (2) | Additional organizations not listed. |

Since West Side Church is Abigail's church home, she has not included many service activities she has participated in because they are part of what she considers her normal life experiences.



Preparing for a future in nursing



Junior Samaritan at St. John's Hospital, Springfield

Abigail earned this volunteer opportunity through a very competitive program. She served as a patient registrant, performed filing duties, patient transporter, and floral giving her the opportunity to engage one-on-one with patients and families.

She also served as a gift shop cashier in which she worked closely with other hospital employees and visitors. In addition, she served behind the scenes in roles such as preparing boxed meals for patients.

**Abigail was selected to participate again in Summer 2020, but the program was put on-hold due to Covid-19.*

National Student Leadership Conference on Medicine & Health Care at Vanderbilt University, Nashville

Abigail was nominated by SHG to apply for the NSLC and was subsequently selected through a competitive process. She experienced clinical skills such as intubating, IV starts, phlebotomy, suturing, and obtaining vital signs.

Workshops also included how to handle critical thinking situations and leadership development sessions. Not only did she gain these clinical skills, but she also made new friends from different parts of the country.



Hands on HealthCare Memorial Medical Center, Springfield

For four years, Abigail has attended a series of health care sessions offered by a local hospital to gain insight, exposure, and understanding to different health care disciplines. She attended the Laboratory, Medical Imaging, Medical School, Nursing and Peri-operative sessions.

Abigail was unable to attend Pharmacy, the final discipline in this series, due to Covid-19.

Medical Mentorship Class at Sacred Heart-Griffin

Abigail's high school partnered with St. John's Hospital to introduce students to hands-on healthcare experiences in the hospital setting. Physicians visited her class to educate the students on their respective medical fields. She then shadowed a nurse in the Pediatric Intensive Care Unit and Intermediate Respiratory Care Unit.

Theology Service Class at Sacred Heart-Griffin

Abigail was able to choose a site to volunteer at during the end of each school day. She chose to re-visit St. John's Hospital and serve in the same capacity as outlined in the Junior Samaritan Program.



Moving On

Springfield Dance Theater • Springfield Youth Performance Group • Springfield Ballet Company Trainee

Abigail was a member of the above-mentioned dance companies for seven years until she had to give up her passion due to learning she has a rare connective tissue syndrome that required bilateral knee surgeries.



Due to the progressive nature of her syndrome, she had to resign from ballet.

Rather than letting her syndrome define her, Abigail defied her syndrome and took up swim.

SHG Swim & Dolphin Summer Swim Team

With grace and dignity, Abigail took to the waters swimming competitively year-round.



Nurturing Others

Abigail satisfies her compassion for assisting and nurturing the needs of others by babysitting frequently. She is CPR certified, has completed the Memorial Medical Centers Babysitting Basics course as well as the Stop-the-Bleed hemorrhage class.

She is a natural at caring for children, understands how precious they are to parents, and has completed the above coursework to reassure parents they are in capable hands.

She has shared her love for the pool with children ages 2-8 years old by teaching them water safety as well as how to swim.

Family Matters

Abigail is an identical twin, younger by 26 minutes. She and her sister are the second set of twins born to her parents.

Abigail began learning how to sew at the age of six years old, making her own blankets and some clothes.

Abigail has already graduated from SIUE once at 12 weeks gestation in 2002 with her mom's BSN.

Dad taught Abigail the basics of auto care including how to rotate tires and how to change oil.

Abigail enjoys cooking for her family, especially organic dishes!

